

JEM EATS

FROZEN MEALS DELIVERED EVERY WEDNESDAY

Deliveries to: JHB Greater Northern Suburbs/Kyalami/Westrand



BEEF

- Shredded beef pie topped with puff pastry..... **R95** 550g,2 pax
 - Shredded beef cannelloni with spinach and feta & thick creamy white sauce..... **R95** 650g,2 pax
 - Beef and Gnocchi stew..... **R120** 650g,2 pax
 - Beef and Bean stew..... **R95** 550g,2 pax
 - Homemade beef lasagna..... **R85** 550g,2 pax
R160 1kg, 4 pax
 - Cottage pie with peas..... **R85** 550g,2 pax
R160 1kg, 4 pax
 - JEM's famous bobotie..... **R85** 550g,2 pax
(Gluten free) **R160** 1kg, 4 pax
 - Beef bourguignon..... **R95** 650g,2 pax
(Lactose & Gluten free)
 - Pork, Potato and sage stew..... **R120** 550g,2 pax
 - Beef Stroganoff..... **R95** 550g,2 pax
(Gluten free)
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- Mac & Cheese with Bacon Bits..... **R75** 550g,2 pax
R140 1kg, 4 pax


LAMB

R145 550g,2 pax | **R220** 1kg, 4 pax

- Mild Malayan lamb curry
- Fragrant lamb Rogan Josh

CHICKEN

R85 550g,2 pax | **R160** 1kg, 4 pax

- Butter chicken curry (Lactose & Gluten free)
- Chicken and mushroom pie
- Chicken a la king
- Chicken lasagne
- Tika Chicken (Not for the faint hearted) 

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VEGETARIAN **R75** 550g, 2 pax | **R140** 1kg, 4 pax

- Mac and cheese topped with mature cheddar (2 & 4 pax portions)
- Lentil lasagne (2 pax portions)
- Smoked roast vegetable pie (2 pax portions)
- Mix vegetable cottage pie topped with cream butternut mash (2 pax portions)
- Spinach and feta cannelloni (2 pax portions)
- Butternut and lentil Moroccan vegetable stew (2 pax portions)
(Vegan & Gluten free)

SOUPS **R45 - 500ml**

- Potato and cauliflower soup (Vegetarian - contains dairy)
- Hearty beef and vegetable soup
- Beetroot, apple and elderflower soup (Vegan, Gluten and lactose Free)
- Butternut and coconut milk soup (Gluten Free)
- Zanzibar carrot soup (Vegan, Gluten and lactose Free)
- Potato and ham soup

DESSERTS **R45 - 500ml**

- Ouma's Malva pudding (550g) - R60
- Our sticky toffee pudding (550g) - R60
- Baked apple cake with sugar and cinnamon glaze (550g) - R60
- Johan's special apple crumble with raisins and walnuts (550g) - R70

HOW TO ORDER

Order via any of these simple these methods.

- www.jemcatering.co.za - payment via credit card
- WhatsApp orders: 079 255 1718 - payment via eft
- Email: info@jemcatering.co.za - payment via eft

R25 flat delivery fee | Collection between 13h00 & 17h00

Deliveries to: JHB Greater Northern Suburbs/Kyalami/Westrand - contact us for more areas

www.jemcatering.co.za | @jemcatering | 15 Mayo Road, Kenmare